

Diagram 1. Throwing sector.

3. Throwing style and throwing time

The throwing style and the grip of the boot are free, but the leg of the boot must be straight when the boot is in the air (for example, the leg of the boot may not be rolled on top of the foot of the boot). The throw may be performed freely within 30 seconds. The clock will be started when the flag official lifts up the white flag, which means that all equipment need not be on the spot. (However, the field officials must be ready, and the flag official must check that they are ready.) The thrower has the right to wait for the boot that was used in the previous throw.

4. Assistive devices

When throwing with a bare hand it is allowed to apply to the hand grip enhancers that are generally used in sports to improve the grip. When throwing with a bare hand it is not allowed to tape the hand. A clean glove can be used on the throwing hand. It is not allowed to put grip enhancer or tape on the outer surface of the glove. It is allowed to use grip enhancer and tape inside the glove so that they don't touch the throwing boot. It is not allowed to put grip enhancers or other substances on the outer and inner surfaces of the boot. However, it is allowed to clean the boot with a towel moistened with water and to dry the boot with a dry towel. In the case that grip enhancer has adhered on the surface of a boot, the thrower in turn has a right to ask the competition officials to clean the dirty boot.

5. The acceptable throw

The throw can be accepted if the boot falls on the sector line or in the area within the lines. Each throw must be measured immediately from the closest landing mark made by the boot to the measuring point. The throw will be negligible (not accepted) if the thrower touches the throwing line or side lines with any part of his/her body, or steps over the line while the boot is still in the air. The length of the throw will be measured to the nearest one centimetre. In case of a National Record or World Record throw, the result will be checked by the Technical Supervisor. In official competitions the organizers must have a measure that is 100 metres long.

6. Throwing order

The order in which the competitors perform their throw is to be determined by drawing lots. In final competitions (final three rounds) the throws will be performed in reversed order based on the results (i.e. the best throws last).

7. Competitors

When the number of competitors exceeds 12, each competitor is entitled to perform 3 throws. Of them the 12 best throwers are entitled to 3 more throws. If several throwers share the same result on the twelfth place, all of them are entitled to continue. In final results, if results are even the next best results will determine the placings.

World Championships and National Championships

In two-day competitions the 25 best throwers after three throwing rounds may continue in the finals. The final comprises of six rounds, and the twelve best throwers are entitled to continue on to the three last rounds. In the World Championships at least one thrower from every nation gets to the final according to the results of the qualification. In the team competitions the qualifying rounds are thrown separately, and the eight best teams are qualified to continue in the finals, comprising of 3 rounds. In other competitions 3 qualifying rounds can be performed within personal qualifying. The final round begins at zero situation. Only results from the open

series are acceptable in team competition. In personal competition the qualifying requirement will be announced by the competition management one hour before the start of the qualifying rounds. The throwers participating in team and personal competition must represent the same community in both competitions.

8. Team

Women's team consists of 3 women, men's team of 3 men and mixed team of 3-4 persons, of which maximum of two can be men. All throwers of a mixed team may be women. In the National Teams competition of the World Championships team consists of 3 women and 3 men. The members of national team must represent their own National Boot-Throwing Association. Team's result is counted by adding together the team members' best results in the first three rounds of throwing. In the mixed team competition, which always is thrown as a separate competition, team's result is counted by adding together the best results of the best three throwers of the team in the three rounds of throwing. The throwers of the teams must be nominated before the competition, by the deadline announced by the organizer of the competition.

9. Interruption of competition

After interruption of the competition due to a force majeure reason (heavy rain, thunderstorm etc.), the competition is resumed by starting again from the beginning of the interrupted round. However, the results of the interrupted round can be recorded to statistics. Jury of the Competition makes an official ruling about the interruption of the competition.

10. Records

The Boot-Throwing Association accepts and records to statistics the following results thrown in the official competitions named in competition calendar of the Association: Women: In class C, result 20 m; class B, result 27 m; class A, result 34 m and Champion Class, result 40 m. Men: In class C, result 30 m; class B, result 37 m; class A, result 44 m and Champion Class, result 50 m. In team competitions, only the result thrown by the representatives of the same club is acceptable as record. The National Boot-Throwing Association accepts the national records. The International Boot-Throwing Association IBTA accepts the World Records.

11. Repetition throw

The throw may be repeated if the boot hits an official within the sector lines.

12. Technical Supervisors

Two Technical Supervisors, who are members of Boot-Throwing Association or otherwise are accepted by the Association, must be named to each competition. Deputies for Technical Supervisors can be named if necessary. To the most valuable international competitions, World Championships and World Cup, Technical Supervisors are named by the Director of Technical Supervisors nominated by the International Boot-Throwing Association IBTA. To the most valuable national competitions, like National Championships and Finnish Cup, Technical Supervisors are named by the Director of Technical Supervisors or other official nominated by the National Association. In other competitions Technical Supervisors are named by the Director of Competition. It is recommendable that the Technical Supervisors do not represent the club that organizes the competition. Technical Supervisors of the most valuable competitions must be named not later than two weeks before the competition. In other competitions, Technical Supervisors must be named at the latest on the competition venue, before the start of the competition. The duties of the Supervisors include inspecting the

throwing equipment and supervising that the competition is performed according to competition rules and regulations. Technical Supervisors may participate in the competition.

13. Junior series

The junior series are: girls and boys of the ages of 10, 12, 14, 16 and 20. Girls and boys have separate series. Throwers that are under the age limit in the present year, are allowed to participate in the series. Thrower may participate in her/his own series and in open series only.

In the World Championships and in World Cup competitions the junior series are 16 and 20.

14. Senior series

The senior series are: women and men of the ages: 35, 45, 50, 55, 60, 65, 70, 75, 80 and etc. Throwers that are over the age limit in the present year, are allowed to participate in the series. Thrower may participate in her/his own series and in open series only.

In the World Championships and in World Cup competitions the senior series must be at least every ten years from 35 year-olds.

15. Transfers between clubs

In case the thrower transfers from one club to another, the transfer announcement must be made in writing to the own club and to the National Boot-Throwing Association by December 31.

16. Protests

Any thrower who wishes to protest against these rules in competition, must submit the protest in writing to the competition organizers within 30 minutes of the end of the competition. The protest fee is 40 €. If the protest is rejected, the organizer will account the sum to the National Boot-Throwing Association.

17. Official clock

An official clock indicating seconds must be present at the throwing venue in the following competitions: World Championships, World Cup, National Championships, National Cup.

18. Code of conduct

The members of the National Boot-Throwing Association, both clubs and individuals, are obliged to manifest good sportsmanship and they must follow the applying rules and regulations approved by the International Boot-Throwing Association IBTA.

19. Training throws

Prior to the beginning of a series, competitors have to be allowed to perform training throws from the throwing area for approximately 10 minutes. Thereafter the throwing area is to be prepared for competition. Training throws with the competition equipment are forbidden unless competition organizers otherwise inform.

20. The use of fourth competitor in a team

In competitions with separate opening competitions and final competitions the team may change one thrower due to injury or other force majeure reason. The new thrower may not participate in any team in the opening competition and he/she must be a member of the team's club. Authorization to use a fourth competitor must be obtained from the Jury.

21. Transfer of throwing sector

The Jury of the Competition must authorise an eventual transfer of the throwing sector.

22. Jury of the Competition

All competitions must have a Jury of the Competition which consists of the Director of Competition and two Technical Supervisors appointed by the Association.

23. Antidoping regulations

In order to be able to participate in the competition the athletes must obey the rules of the National Antidoping Commission and the International Boot-Throwing Association IBTA. All athletes, coaches and officials have to learn the rules and regulations of the antidoping. The information of the antidoping regulations can be found from the National Antidoping Commission. Unless the International Boot-Throwing Association IBTA has decided for a more strict penalty, the minimum penalties for doping violations are: 1) Temporary suspension (mainly two years from the first doping violation); 2) Lifetime suspension; 3) A warning, based on the National Antidoping Commission's statement.

24. General regulations

The principles of fairplay spirit are to be followed in the boot-throwing competitions.

25. Rules of the World Cup

Series: Women Open, Women Open Team, Men Open, Men Open Team, Women 35, Men 35, Women 45, Men 45, Women 55, Men 55, Women 65, Men 65, Women 75, Men 75, Women 85, Men 85 etc., according to participants.

In every event 15 best throwers get points according as follows:

1. 30 points
2. 24 points
3. 20 points
4. 18 points
5. 16 points
6. 14 points
7. 12 points
8. 10 points
9. 8 points
10. 6 points
11. 5 points
12. 4 points
13. 3 points
14. 2 points
15. 1 point

The points earned in the Cup events will be added together by person, by team and by series, to constitute the final Cup points. To be ranked according to the final Cup points, throwers and teams must participate in the minimum of two Cup events. If points are even, the winner is the thrower or team with the largest amount of highest placings in the Cup events. Every club that organizes a World Cup event participates in the competition payments by 70 €/club.